



## A Case Study of Mouza Waan Basti Arisharki Union Council Waan Patafi





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My name is Nighat Shahmeem w/o Mukthar Husain and we have 3 son. I am working as Lady Health Worker form 2006. During my services I worked with sincerity in this field. In August 2010 Flood was badly affected different area especially it affected our Basti. During flood people faced many problems regarding health because water was not fit for drinking; mostly people suffer diaria, Malaria but after sometime families came back to their houses because level of water down. The condition of our Basti was very bad near about 80% damage. Mostly house was totally damage and people are living wrest condition and health condition was not

fit due to contaminated water.

During flood and after there are many organizations working on food distribution, and some organization working on shelter. After some time Friends Foundation came in our area and shared their work or what they want to do in our area. Initially they conduct community meetings and then identify female for training. They selected me for their training. Training was consisting on two days during training they tell some very effective and economic method for purified water purification and Hand washing practices in critical time at their household level. In training I got very informative knowledge regarding water purification method at household level. After the training I came back to my area and I added this thing in my session. Because we conduct different session on reproductive health, Vaccination, and other maternal, so I added in my session and people of our area shown keen interest in these simple and economic methods after flood every person of our basti was suffering from water born disease like Diarrhea and many other diseases. Due to these they mobilized and adopted the water purification method and hand washing practices in critical timing.

Friends Foundation did a great thing that they started awareness program regarding Health and Hygiene.