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A case Study of Basti Chandia Mouza Chanwala UC Ghazi Ghat, District Muzafar Garh Rubina Bibi, Mother of 7 children I too was part of training in Friends Foundation



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Rubina Bibi, Mother of 7 children

CHALLENGE

Ms Rubina Bibi, Mouza Sheikh Mousa Khalifa Basti Sheikh Wala Union Council Waan Patafi, district Muzafargarh, states in her words,

I have not been to school, how I could, we hardly had enough to eat. Similar is the situation with my children now. I have 7 children, my husband works as daily laborer. Some times he gets work and some times not. Life is hard to manage and in that situation we had flood and my mud house collapsed. Situation becomes worse for every one but for my family it was and still is hard. Water related diseases were a major challenge for the village and I could not understand what I should do. Other people at least could go for treatment but I had no money and children were all sick since last 7 months. In IDP camps we got free medical assistance but that did not last long, children were suffering.

INITIATIVE

One morning I learnt that I am nominated for training to be conducted by Friends Foundation. I was hesitant as I never ever attended any training. Finally I went and enjoyed the training. It was all about our health and hygiene needs. The messages were eye openers. I understood why my family is suffering. I came back from the training and asked my husband to get me soap. He was reluctant, but when I did not stop talking about it and what I learnt in training, he said ok tomorrow. It took few days for him to understand what I am saying. Finally I could implement most of the things in personal, hand and water hygiene. I can feel the difference. It does not cost me much but we have got used to it.

RESULTS

We are much healthier and happier compared to few months earlier. Important thing is that I know what to tell others and how to tell about safe hygiene practices.