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# **A case Study of Mouza Waan Basti Kholar Mojohta UC Waan Patafi, District Muzafar Garh**

**Ms Mamoonah, lady health  
worker and mother of 4 children**

**Health situation of my village fellows improved after FF's  
training**



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**CHALLENGE**

Memoona resident of of Mouza Waan Basti Kholar Mojohta  
Union Council Waan Patafi

I am working as lady health worker here since 2004. We all had to evacuate from the village due to flood in 2010 but after a month we could come back. In this village 80% of the houses collapsed and the rest were badly damaged. Since flood, residents of our basti were suffering from common diseases like scabies and diarrhea. Since then several organizations came for distributions of food and non-food items. One of them was friend's foundation not for distribution but they came to teach us some thing. They conducted 2 days training on hygiene, sanitation and water purification. I was impressed by the training and level of detailed information we went in to for discussion.

**INITIATIVE**

Along with other topics major focus was on hand hygiene and water purification. Today I understood for the first time why health of our people is so bad. We are really not careful in washing hands with soap properly and drinking water quality. I included these 2 topics in my daily visits to households. People are now very happy and less sick compared to previous days. In my earlier visits I always talked about mother and child health where as people had other issues too.

**RESULTS**

My messages to the communities are richer now and people are happy that we are also talking about other common issues besides mother and child health.